

Ask us. We can help. Chewing tobacco can lead to lip cancer, tooth loss, leukoplakia, tooth discoloration, gum recession and stomach cancer. The dangers of chewing tobacco have not received the same publicity that smoking has. A chemical time-bomb is ticking in the mouths of millions of Americans. About half of the kids who use chewing tobacco have precancerous lesions in their mouth and don't recognize it. And, the chances of a chewing tobacco user getting lip cancer is 400% greater than non-tobacco users.

Know the facts. Identify the warning signs. Plan to quit.

To learn more about quitting tobacco, visit

www.quitchew.com

Mint Snuff Chew^{\top M} and **Mint Snuff Pouches**^{\top M} help people quit chewing tobacco. Chewing tobacco is addictive. If you don't use tobacco, don't start. If you must chew...chew Mint Snuff $^{\top}M$ Ask your health professional for a free sample. For more information, call **1-800-MINT-SNUFF** or **www.mintsnuff.com**

